



# MICROSOFT OFFICE 2016

Office 2016 Hero (OFF001)  
Traditional Learning Pathway



## COURSE CONTENTS

### OPERATING THE COMPUTER

- Switching on the computer
- About passwords & security
- Log on and log off
- Your organisation's IT policies
- Shut down options
- Hot-desking best practice
- Your organisation's energy policy
- The keyboard & keyboard shortcuts
- The mouse
- Help desk & support
- The desktop and start button
- Pinning the program icon to the task bar
- Starting programs

### DATA STORAGE

- Understanding file locations
- Using Shared Folders on organisation drives
- EDRMS Systems
- Your organisation's information management policy
- Using Windows file explorer
- Basic navigation
- Selecting Files
- Opening files and applications

### USING PDF FILES

- Viewing PDF files
- Zooming a PDF drawing
- Using Bookmarks and Page navigation
- Searching a PDF
- Printing files

### OUTLOOK FUNDAMENTALS

- Starting Outlook
- Outlook overview
- Understanding Outlook email
- Read messages
- Create and send an email
- Sending files and photos
- After you receive an email
- Getting organised
- Calendar basics
- Calendar views
- Navigating the calendar
- Adding an appointment
- Accepting a meeting invitation

### EXCEL FUNDAMENTALS

- Starting Excel
- Spreadsheet concepts
- Working with Excel files
- Typing Text & Numbers
- Typing Dates
- Simple Formulas
- Saving a Workbook
- Making basic changes
- Formatting & Styling
- Printing a Worksheet
- Charting your data
- Safely closing a workbook

### WORD FUNDAMENTALS

- Starting Word
- Types of documents
- Creating documents
- Organisational templates
- Typing text into a document
- Saving a document
- Spell checking
- Making basic changes
- Using Save As
- Printing your document
- Safely closing your document

# MICROSOFT OFFICE 2016 FUNDAMENTALS

## COURSE LENGTH

Recommended course duration is 1 day, typically 8:30am – 4:30pm.

## AIM

This course has been designed to allow participants to gain

- basic computer skills
- an understanding of the most common Microsoft software
- skills to use computers more efficiently and to become more productive in their job

## TARGET AUDIENCE

This course has been designed to allow participants to gain a working knowledge of the most common Microsoft software. It is suitable for participants who:

- who are moving into an office administrator role
- who are required to perform basic computer duties as part of their job
- have been out of the work force for a few years and need to refresh their skills

## OUTCOMES

By the end of this session you should be able to:

- turn on a computer and login to your account
- use a selection of keyboard shortcuts
- open a PDF files and browse, zoom and search for content
- send, receive and organise email, and have a basic understanding calendar functions in Outlook
- create and use an Excel spreadsheet
- create and use a Word document

## ABOUT US

Intelliteq is a Microsoft Partner with accredited Microsoft Office trainers. We work with you to identify where problems exist. We investigate where business improvements can be made. We work with your staff to deliver effective training and assessment.

Big business. Regional business. Remote business. Not for Profit Business. We're the partner you can count on. Let us solve your problem. It's what we do!



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